

## A Talk into Action Read, Listen, Watch and Follow list

Below we've gathered recommendations from Talk into Action pledgees of books, podcasts, social media accounts and video content they've engaged with and found valuable. You might be an avid reader looking to add titles to your shelf, looking for some thought-provoking video or audio or a keen Instagram user hoping to expand your feed – there should be something here for all of you. We'd like to keep growing this list so if you've read, seen, or heard something that's positively contributed to your EDI journey recently, please email [info@musicmark.org.uk](mailto:info@musicmark.org.uk) and let us know.

### Read

Title	Where to find it?	Tell me more...
How to be an Inclusive Leader Jennifer Brown	<a href="#">How to Be an Inclusive Leader : Your Role in Creating Cultures of Belonging Where Everyone Can Thrive: Jennifer Brown: 9781523093144: hive.co.uk</a>	In this bestselling book, JBC CEO & Founder Jennifer Brown provides a step-by-step guide for the personal and emotional journey we must each undertake to create an inclusive workplace where everyone can thrive.
The Promises of Giants John Amaechi	<a href="#">The Promises of Giants : How YOU can fill the leadership void -- JOHN AMAECHI: 9781529345872: hive.co.uk</a>	We need people who are willing to fill the leadership void. People who will embrace the influence they have. People who believe in improving society and workplace culture - not only because it makes life better, but because it is proven to yield positive results. We need more leaders. The Promises of Giants is a challenge to anyone who aspires to make a difference in their environment.
Belonging Sue Unerman, Kathryn Jacob, Mark Edwards	<a href="#">Belonging : The Key to Transforming and Maintaining Diversity, Inclusion and Equality at Work: Sue Unerman: 9781472979612: hive.co.uk</a>	Belonging is the call to action we need today -the tool to turn the men in power into allies as we battle discrimination, harassment, pay gaps, and structural racism and patriarchy at every level of the workplace.
The Race Conversation Eugene Ellis	<a href="#">The Race Conversation : An essential guide to creating life-changing dialogue: Eugene Ellis: 9781913494261: hive.co.uk</a>	Is it possible to respond authentically to the hurt and discomfort of racism? The construct of race is an integral part of Western society's DNA and if we are to address the social injustice of racism, we need to have the race conversation. Yet all too often, attempts at such a dialogue are met with silence, denial, anger or hate. The Race Conversation explores how the damage and distress caused by racism lives not just in our minds, but principally in the body.
This is Why I Resist Dr Shola Mos-	<a href="#">This is Why I Resist : Don't Define My Black Identity: Dr Dr Shola Mos-Shogbamimu: 9781472280763: hive.co.uk</a>	Activist and political commentator, Dr Shola Mos-Shogbamimu digs down into the deep roots of racism and anti-blackness in the UK and the US. Using real life examples from the modern day, Dr

Shogbamimu		Shola shows us the different forms racism takes in our day-to-day lives and asks us to raise our voice to end the oppression.
White Fragility Robin DiAngelo	<a href="#">White Fragility : Why It's So Hard for White People to Talk About Racism: Robin DiAngelo: 9780141990569: hive.co.uk</a>	Exploring white responses to accusations of racism and how to move past fear and denial to be a better ally and more effectively anti-racist.
How to be an Anti-Racist Ibram X.Khendi	<a href="#">How To Be an Antiracist: Ibram X. Kendi: 9781847925992: hive.co.uk</a>	Kendi, one of the world's most influential scholars of racism, shows that neutrality is not an option: until we become part of the solution, we can only be part of the problem. Using his extraordinary gifts as a teacher and story-teller, Kendi helps us recognise that everyone is, at times, complicit in racism whether they realise it or not.
Why I'm no longer talking to White People About Race Reni Eddo-Lodge	<a href="#">Why I'm No Longer Talking to White People About Race : The #1 Sunday Times Bestseller: Reni Eddo-Lodge: 9781408870587: hive.co.uk</a>	We can't afford to stay silent. This book is an attempt to speak everything from eradicated black history to the inextricable link between class and race. An essential handbook for anyone who wants to understand race relations in Britain today.
The Good Ally Nova Reid	<a href="#">The Good Ally: Nova Reid: 9780008439484: hive.co.uk</a>	The Good Ally is an urgent call to arms to become better allies against racism and provides a thoughtful approach, centering collective healing, to do so. It is a book for those against persistent racial injustice, hungry to expand their knowledge and understanding of systemic racism in Britain and beyond.
Black and British David Olusoga	<a href="#">Black and British : A Forgotten History: David Olusoga: 9781529065602: hive.co.uk</a>	Black and British is vivid confirmation that black history can no longer be kept separate and marginalised. It is woven into the cultural and economic histories of the nation and it belongs to us all. Drawing on new genealogical research, original records, and expert testimony, Black and British reaches back to Roman Britain, the medieval imagination, Elizabethan 'blackamoors' and the global slave-trading empire. It shows that the great industrial boom of the nineteenth century was built on American slavery, and that black Britons fought at Trafalgar and in the trenches of both World Wars.
Natives Akala	<a href="#">Natives : Race and Class in the Ruins of Empire - The Sunday Times Bestseller: Akala: 9781473661233: hive.co.uk</a>	From the first time he was stopped and searched as a child, to the day he realised his mum was white, to his first encounters with racist teachers - race and class have shaped Akala's life and outlook

		In this unique book he takes his own experiences and widens them out to look at the social, historical and political factors that have left us where we are today.
Brit(ish) Afua Hirsch	<a href="#">Brit(ish) : On Race, Identity and Belonging: Afua Hirsch: 9781784705039: hive.co.uk</a>	The uncomfortable truth about race and identity in Britain today; You're British. Your parents are British. Your partner, your children and most of your friends are British. So why do people keep asking where you're from? We are a nation in denial about our imperial past and the racism that plagues our present. Brit(ish) is Afua Hirsch's personal and provocative exploration of how this came to be - and an urgent call for change.
When They Call you a Terrorist Patrisse Khan-Cullors and asha bandele	<a href="#">When They Call You a Terrorist : A Black Lives Matter Memoir: Patrisse Khan-Cullors: 9781786893055: hive.co.uk</a>	They simply said: Black Lives Matter; and for that, they were labelled terrorists. In this empowering account of survival, strength and resilience, Patrisse Khan-Cullors and award-winning author and journalist asha bandele recount the personal story that led Patrisse to become a founder of Black Lives Matter, seeking to end the culture that declares Black life expendable.
Freedom is a Constant Struggle Angela Y Davis	<a href="#">Freedom Is A Constant Struggle : Ferguson, Palestine, and the Foundations of a Movement: Angela Davis: 9781608465644: hive.co.uk</a>	Davis illuminates connections between struggles against state violence and oppression throughout history and around the world. Reflecting on the importance of black feminism, intersectionality and prison abolitionism for today's struggles, Davis discusses the legacies of previous liberation struggles.
Invisible Women Caroline Criado Perez	<a href="#">Invisible Women : Exposing Data Bias in a World Designed for Men: Caroline Criado Perez: 9781784706289: hive.co.uk</a>	Invisible Women reveals how in a world built for and by men we are systematically ignoring half of the population, often with disastrous consequences.
Bad Feminist Roxane Gay	<a href="#">Bad Feminist: Roxane Gay: 9781472119735: hive.co.uk</a>	Bad Feminist is a sharp, funny and sincere look at the ways in which the culture we consume becomes who we are, and an inspiring call-to-arms of all the ways we still need to do better.
The Transgender Issue Shon Faye	<a href="#">The Transgender Issue : An Argument for Justice: Shon Faye: 9780241423141: hive.co.uk</a>	Trans people in Britain today have become a culture war 'issue'. Despite making up less than 1% of the country's population, they are the subjects of a toxic and increasingly polarised 'debate', which generates reliable controversy for newspapers and talk shows. This media frenzy conceals a simple fact: that we are having the wrong conversation, a conversation in which trans

		people themselves are reduced to a talking point and denied a meaningful voice.
Care Work Leah Lakshmi Piepzna- Samarasinha	<a href="#">Care Work : Dreaming Disability Justice: Leah Lakshmi Piepzna-Samarasinha: 9781551527390: hive.co.uk</a>	<i>Care Work</i> is a mapping of access as radical love, a celebration of the work that sick and disabled queer/people of color are doing to find each other and to build power and community, and a tool kit for everyone who wants to build radically resilient, sustainable communities of liberation where no one is left behind. Powerful and passionate, <i>Care Work</i> is a crucial and necessary call to arms.
Open Your Eyes: Deaf Studies Talking Ed. H-Dirksen L. Bauman	<a href="#">Open Your Eyes : Deaf Studies Talking: : 9780816646197: hive.co.uk</a>	In <i>Open Your Eyes</i> , leading and emerging scholars, the majority of whom are deaf, consider physical and cultural boundaries of deaf places and probe the complex intersections of deaf identities with gender, sexuality, disability, family, and race.
Nothing About Us Without Us	<a href="#">Nothing About Us Without Us : Disability Oppression and Empowerment: James I. Charlton: 9780520224810: hive.co.uk</a>	<i>Nothing About Us Without Us</i> is the first book in the literature on disability to provide a theoretical overview of disability oppression that shows its similarities to, and differences from, racism, sexism, and colonialism.
The New Age of Empire Kehinde Andrews	<a href="#">The New Age of Empire : How Racism and Colonialism Still Rule the World: Kehinde Andrews: 9780241437445: hive.co.uk</a>	<i>The New Age of Empire</i> takes us back to the beginning of the European Empires, outlining the deliberate terror and suffering wrought during every stage of the expansion, and destroys the self-congratulatory myth that the West was founded on the three great revolutions of science, industry and politics.
Lowborn Kerry Hudson	<a href="#">Lowborn : Growing Up, Getting Away and Returning to Britain's Poorest Towns: Kerry Hudson: 9781784708603: hive.co.uk</a>	When every day of your life you have been told you have nothing of value to offer, that you are worth nothing to society, can you ever escape that sense of being 'lowborn' no matter how far you've come?' Kerry Hudson is proudly working class but she was never proudly poor.
Straight Jacket Matthew Todd	<a href="#">Straight Jacket: Matthew Todd: 9780552778404: hive.co.uk</a>	Part memoir, part ground-breaking polemic, it looks beneath the shiny facade of contemporary gay culture and asks if gay people are as happy as they could be - and if not, why not?

### Listen

Title	Where to find it?	What is it?
Interconnected Voices	<a href="#">Apple podcast link</a>	A podcast, <i>interconnected Voices</i> takes you behind the news headlines and combines insightful political commentary with personal stories from a wide variety of underrepresented,

		diverse and minority voices. Expect honest and thought provoking analysis.
In Good Company	<a href="#">Apple podcast link</a>	A culture and ideas podcast covering everything from work and feminism, to race and money, hosted by bestselling author Otegha Uwagba, and featuring interviews with some of the most exciting cultural voices of the moment.
The Will to Change	<a href="#">Apple podcast link</a>	Everyone has a diversity story- even those you don't expect. Get ready to hear from leading CEO's, bestselling authors and entrepreneurs as we uncover their true stories of diversity and inclusion.
Choose Inclusion	<a href="#">Apple podcast link</a>	A podcast exploring EDI in business
DiverCity Podcast	<a href="https://divercitypodcast.com/">https://divercitypodcast.com/</a>	A discussion podcast with people working in the field of EDI offering insights and practical tips.
The Diversity Gap	<a href="#">Apple podcast link</a>	The Diversity Gap is for everyday people who want to pair their good intentions for diversity with true cultural change.

#### Watch

Title	Where to find it?	What is it?
Crip Camp	Streaming on Netflix	A documentary film about a groundbreaking summer camp galvanizing a group of teens with disabilities to help build a movement, forging a new path toward greater equality.
How to ADHD	<a href="#">How to ADHD - YouTube</a>	A YouTube channel about ADHD
How to Get serious about Diversity and Inclusion in the Workplace	<a href="#">You Tube link</a>	A TED talk from inclusion advocate Janet Stovall who shares a three-part action plan for creating workplaces where people feel safe and expected to be their unassimilated, authentic selves.
How Diversity Makes Teams More Innovative	<a href="#">You Tube link</a>	In a TED talk that will help you build a better, more robust company, Lorenzo dives into the data and explains how your company can start producing fresher, more creative ideas by treating diversity as a competitive advantage.

#### Follow

Title	Where to find it?	What is it?
Alok V Menon	<a href="https://www.instagram.com/alokvmenon/">https://www.instagram.com/alokvmenon/</a>	Nonbinary author, performer and speaker
Cream Cracked	<a href="https://www.instagram.com/creamcrackedblog">https://www.instagram.com/creamcrackedblog</a>	Disability activism from a working-class northerner using humour and lived experience.
Gendered Intelligence	<a href="https://www.instagram.com/genderedintelligence/">https://www.instagram.com/genderedintelligence/</a>	A charity facilitating Trans youth groups and running

		Trans Awareness Training, education workshops and mentoring.
Fearless Futures	<a href="https://www.instagram.com/fearlessfutures/">https://www.instagram.com/fearlessfutures/</a>	A training and education provider focussed on actively challenging the roots, intersections, and lived realities of inequities
Black Lives Matter	<a href="https://www.instagram.com/blklivesmatter/">https://www.instagram.com/blklivesmatter/</a>	The official Instagram for Black Lives Matter
Gal Dem	<a href="https://www.instagram.com/galdemzine/">https://www.instagram.com/galdemzine/</a>	Award winning online and print magazine committed to sharing perspectives of people of colour from marginalised genders
Working Class History	<a href="https://www.instagram.com/workingclasshistory/">https://www.instagram.com/workingclasshistory/</a>	Exploring the often-marginalised histories of the working classes
You Look Okay To Me	<a href="https://www.instagram.com/youlookokaytome">https://www.instagram.com/youlookokaytome</a>	An Instagram feed and website exploring how art, culture and society influence the way an illness is experienced. Run by Jameisha Prescod.