

An Integrated Approach?

Considerations:

- **Class setup** to enable smaller group/ensemble work
- **'Pods'** containing 5 or 6 students per Pod depending on year group
- **iDoceo programme** (or similar) installed on iPad to show each Pod's seating plan and help with assessment, live video recordings of work, behaviour.
- **The Pod setup allows opportunities to target individuals** and smaller groups of students by focusing on a different Pod each week.
- Students also love the **competitive nature of Pods** and we have developed a termly competition whereby Pod winners receive a music badge prize (For them it's a competition but for us it's an assessment system!)
- **Appropriate material** supported with backing tracks and looped sections to allow for extended copy-back, improvisation, composition work are a real benefit

Techniques introduced in the workshop

- **Non-verbal** copy back approach using body language and hand signals.
- **Backing track provides a musical context** that helps to identify and implement the right kind of musical language.
- **Fully Inclusive**
- **Avoids too much talking from the front** – teacher lead
- **Hand signals** to give students the musical information that matches the sounds:

Punch = short note

Line = long note

Hand movements up and down = Pitch

Hand movements to mirror volume = Dynamics

Touching your head or pointing to your middle = Structure of head and bridge sections

Rhythmic Copy Back (with 'Shackles' track)

- Helps to establish correct **rhythmic language** within a specific genre.
- Allow students to **develop their own language** and improvise their own rhythms
- **Individuals can then lead** their own Pods in copy back sessions allowing mini performance opportunities, peer and teacher assessment opportunities
- A simple 'way into' **rhythmic improvisation** that's fully inclusive
- **Relate to language** and the idea of developing a conversation.
- Easy to develop this into **vocal copy back** introducing 1 note to develop a sense of pitch

Melodic Copy Back (with 'Shackles' track)

- **Vocal copy back on 1 note** (I used the top note of 'Shackles' in the workshop) to establish pitch and combine rhythms established in the rhythmic copy back
- **Introduce hand signals** to give a visual representation of the pitch, articulation, rhythm and dynamics
- **Students eventually lead their own Pods** by improvising similar rhythms to those modelled by you and the Pod then copy back.
- **Assessment opportunity** when the students lead and Pods copy back you may wish to assess them on a range of musical skills including:
 - 1) Rhythmic awareness / internalising the pulse
 - 2) Maintaining pitch
 - 3) Rhythmic Improvisation
 - 4) Articulation
 - 5) Dynamics
 - 6) Creativity
- **Introduce 2 and then 3 note copy backs** creating simple 2 and 3 note melodies (I use the same 3 notes as those in 'Shackles')
- **Use non-verbal approach for copy back** with students following your hand signals and body language.
- **Students eventually lead their own Pods** by improvising similar rhythms, 1 and 2 note melodies to those modelled by you. Pod or class can then copy back

Teach 'Shackles' Melody vocally (with track)

- Use non-verbal approach to establish all 3 pitches
- Use hand signals with the voice to demonstrate:

Pitch

Structure

Articulation

Dynamics

Rhythm

- Students can create a graphic score of the rehearsal/ performance
- Students can transfer all the above from vocals on to instruments

Possible Extension Tasks

- Students can learn the bass/chord sequence to 'Shackles'
- Develop a whole band / class arrangement and performance
- Use similar techniques as outlines above to teach instrumentalists in your school bands
- Explore different genres / styles of music by creating your own series of backing tracks in different styles.
- Link to music composition whereby students create similar 3 note melodies as 'Shackles'
- Develop improvisation/ composition skills where students move from 1 to 2 to 3 note melodic ideas and notate them in a similar way to their 'Shackles' scores

I hope you find these notes useful with the accompanying backing track and please feel free to contact me should you require any further information or guidance.

Paul Christmas (pxmas2000@mac.com)