

## **Create an Inclusive Ceilidh Band**

### **Resource Pack**



Photograph: Roswitha Chesher

**Workshop at:**  
**Music Excellence London Inspire Event**  
**Cecil Sharp House, 23 February 2017**

**Workshop led by:**  
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[www.efdss.org](http://www.efdss.org)

## Workshop outline and learning objectives

### Overall aims / learning objectives:

- Participants learn and play as a band simple ceilidh folk tunes arranged for young players from First Access instrumental programmes upwards
- Differentiation possibilities highlighted for players of different levels of experience / skill
- Participants have the opportunity to learn accompanying dances
- Participants have an experience of learning and playing by ear
- Gain an understanding of folk music 'style' – individual style, ornamentation, drive etc
- Gain an understanding of the interrelatedness of ceilidh tunes and dances

Thanks to Sheena Masson from Camden Music Service for sharing arrangements and dance instructions for the tunes and dances in this booklet.

[www.efdss.org/efdss-education/resource-bank/resources-and-teaching-tools/ceilidh-band-project](http://www.efdss.org/efdss-education/resource-bank/resources-and-teaching-tools/ceilidh-band-project)

## Donkey Riding

Tune (traditional)



### Dance to the tune of DONKEY RIDING

Formation: lines facing away from the band, standing next to your partner- doesn't really matter how many in a line

Musical section	Bars	Dance instructions
A1	1 - 8	8 steps away from the band, kick balance x4
A2	1 - 8	8 steps towards the band; kick balance x4
B1	1 - 4	Right hand turn
	5 – 8	Left hand turn
B2	1 – 4	Back to back (passing right shoulders first)
	5 – 8	Back to back (passing left shoulders first)

## Buttered Peas

Tune (traditional)



### Dance to the tune of BUTTERED PEAS

From the Yorkshire Dales

Form: Circles of four (two x two pairs) scattered round the space (or Sicilian circle)

Dance step: walk or polka / 'rant' step, or other that fits the rhythm

Musical section	Bars	Dance instructions
A1	1 - 8	Circle left and right
A2	1 - 4	Right hand star (thumbs up)
	5 - 8	Left hand star (thumbs up)
B1	1 - 2	Opposites shake right hands, clap hands x 3
	3 - 4	Repeat with left hands
	5 - 6	Arm right with opposite
	7 - 8	Arm left with opposite
B2	1 - 2	Partners shake right hands, clap hands x 3
	3 - 4	Repeat with left hands
	5 - 8	Partners cross hands swing (optional swing on to find a new pair)

### Buttered Peas on the EFDSS Resource Bank

A commonly known folk tune, often used for country dancing, arranged by Sheena Masson from Camden Music Service for Key Stage 1 and 2 pupils in Camden. The pack features separate parts for a range of instruments as well as a full instrumental score.

<http://efdss.org/efdss-education/resource-bank/resources-and-teaching-tools/buttered-peas-sheena-masson>

## English Folk Dance and Song Society

The English Folk Dance and Song Society (EFDSS) is the national folk arts development organisation for England, existing to champion English traditional folk music, song, dance and related arts as part of the rich and diverse cultural landscape of the UK. With roots going back over 100 years, it is based at Cecil Sharp House, its dedicated folk arts centre in Camden, North London, which is also home to EFDSS' Vaughan Williams Memorial Library.

EFDSS' Education department works to raise the profile and develop the practice of folk music, dance and other arts within education. It creates and delivers creative learning projects for children, young people and adults, in formal education and community settings, at Cecil Sharp House, across London, and around the country. EFDSS' current work with youth folk music includes the London Youth Folk Ensemble, *Get Your Folk On!* holiday courses, and projects with schools and London Music Education Hubs. It has recently received funding from Arts Council England towards developing a new National Youth Folk Ensemble for talented young folk musicians from across England.

[www.efdss.org](http://www.efdss.org) | [www.cecilsharpouse.org](http://www.cecilsharpouse.org)

## EFDSS Resource Bank

### Inspire learning with folk

Freely downloadable learning materials created by the English Folk Dance and Song Society are available via our award-winning online Resource Bank.

These include comprehensive Beginners' Guides, extensive teachers' packs, video clips and audio files. Resources support learning in music, dance, history, geography, PE, English, PHSE and other areas of the curriculum. Resources are suitable for use in formal and informal settings including: primary, secondary and SEN schools, youth ensembles, community choirs, adult learning and more.

[efdss.org/resourcebank](http://efdss.org/resourcebank)

## EFDSS Folkshop

EFDSS sells a full range of books, CDs and DVDs to help teach folk dance and music.

**English Traditional Dancing** provides clear instructions for 28 English country / ceildh dances, fully illustrated with diagrams and photographs. Sold with an accompanying CD of music for all the dances.

**Community Dances Manual** - expand your repertoire using this classic collection of English and American social folk dances and tunes.

[efdss.org/folkshop](http://efdss.org/folkshop)

