

[#@HomeBodyPercussionChallenge](#)

2020

[#@HomeBodyPercussionChallenge](#) is a project by Nuno Brito and Devid Dell' Aiera developed in London (UK) during the first few weeks of the official lockdown.

[#@HomeBodyPercussionChallenge](#) was developed with two main aims:

1. To facilitate musical development, creativity and collaboration regardless of the situation we are all experiencing.
2. To allow *ANYONE* to explore their musical creativity through both rhythm and melody irrespective of their musical background.

This project was designed for children in Primary and Secondary education but we truly believe that it can be enjoyed by anyone of any age.

We have created eight short video tutorials, which demonstrate a variety of body percussion duos at various levels of difficulty. However, before jumping in and attempting the patterns, check out our two initial videos. The introduction video explaining details of the four challenges. The instructions video explains safety around playing these patterns, a quick warm up, the sounds used in this challenge and how to use the metronome. These two videos explain and demonstrate all you need to know about engaging with the [#@HomeBodyPercussionChallenge](#). We also made available a downloadable PDF with all patterns notated and a few more details to support you on your journey to become a Body Percussion Master!

[#@HomeBodyPercussionChallenge](#) : Level 1

Learn the 8 [#@HomeBodyPercussionChallenge](#) patterns with a suitable partner. This will obviously depend on who is available in your household until we're out of lockdown, like maybe a sibling, parent or another willing relative. If you don't have a suitable partner right now, don't worry you can still **learn these patterns by yourself** - just sit in front of a table and place a pillow on top of it, to give you enough height to practice the interactive notes. Once you can perform at least one pattern then *CHALLENGE YOUR FRIENDS*.

[#@HomeBodyPercussionChallenge](#) : Level 2

OK, let's say you've learned patterns 1, 3 and 5, you can now begin to arrange them into your own pieces by choosing to repeat them and follow on from each other. Here is an example of a short composition:

! **Pattern 1** *play 1 times*

! **Pattern 3** *play 2 times*

! **Pattern 5** *play 1 times*

! Repeat the whole arrangement two or four times

You can make these arrangements as simple or as difficult as you like and with 8 patterns there are many possible combinations!

[#@HomeBodyPercussionChallenge](#) : Level 3

By now you have learned all or most of the patterns and have created your own arrangements. Now it's time to use your voice, if you're comfortable doing so. Singing and body percussion is the oldest form of music so try coming up with your own lyrics or use your arrangements to accompany your favourite song. If you'd rather not sing then why not record your composition and send it to someone that you know that loves to sing and they can collaborate with you. We based our lyrics around the theme of Rhythm and Body percussion but feel free to find your own inspiration.

[#@HomeBodyPercussionChallenge](#) : Level 4

By this point in [#@HomeBodyPercussionChallenge](#) you're becoming pretty comfortable with the patterns. It's now time to become a master! The last level involves layering patterns on top of each other to really ramp up the difficulty. We recommend you start with the patterns 5, 6, 7 and 8 because they are all in the same time signature although your main aim is to experiment with even and odd time signature patterns, like pattern 1 in 4/4 and pattern 4 in 5/4. Good luck!

Show us your skills!

It would be a shame for the world to miss out on your newly acquired skills so why not take a video of your progress. That way we can see your awesome beats and you can collaborate with others, maybe through your school or social media under [#@HomeBodyPercussionChallenge](#) so that we can find each other's work. And of course, hopefully you can perform your pieces live once the lockdown ends.

The role of schools in [#@HomeBodyPercussionChallenge](#)

Schools, institutions and teachers that take on these materials can expand on how to present the challenges to the students, like internal competitions, showcases or by creating bigger pieces from editing together several videos. The only thing we ask is that you keep the [#@HomeBodyPercussionChallenge](#) Teams updated of any projects and the level of participation. Feel free to use our [#@HomeBodyPercussionChallenge](#) so that we can appreciate each other's work. If we can help in any way please don't hesitate in getting in touch.

Benefits of [#@HomeBodyPercussionChallenge](#)

- Body percussion rhythms
- Ensemble skills
- Reading music notation
- Coordination
- Motor skills
- Rhythm accuracy
- Get comfortable with different time signatures

About the authors

Nuno Brito started his musical studies in Portugal with Orchestral Percussion in 1997 - achieving his Grade 8 three years later. Nuno moved to London in 2004 and graduated on Drum-Kit (BMus Popular Music Performance in 2010). Over the years Nuno has performed in a diverse range of ensembles and styles, from Classical and Wind Orchestras, to Jazz, World and Pop Music acts.

Since 2007 Nuno has been a member of the Southwark Music Services family delivering courses and workshops in Orchestral Percussion, Creative Orchestra, Samba Drumming and Drum-Kit. In 2014 Nuno was part of the team that initiated "SMS Percussion Fest" a show with over 300 children combining Singing with African and Samba drumming presented yearly at the Southbank in London. Since 2015 Nuno is also Drum Kit and Orchestral Percussion teacher at Kingsdale Foundation School in London.

Nuno's has been featured on BBC, Channel 4, BBC Radio, as well as extensively touring and performing at festivals such as "Venice Art Biennale" in Italy, "Womad" and "Glastonbury" in UK, "Haarlem Jazz" in Holland, "Boom" in Portugal and "Colours of

Ostrava” in Czech Republic.

Nuno also develops and researches water percussion, developing unique techniques and instruments which he regularly showcases through his creative project 'H2drOp'. Nuno's other creative projects include composing for contemporary dance performances, films and video.

Devid Dell' Aiera is a musician and composer from Italy, where in the late 80's he began his musical studies near Genoa at the Seminario di Gesu' Bambino di Praga, taking on drum kit and bass guitar. In 1995 Devid attended Scuola Mondo Musica in Varese and studied drums for 5 years. After moving to London, he decided to further his music studies at Goldsmiths University of London and graduated in Popular Music Studies in 2010.

Throughout his performing career Devid has performed on stages such as Glastonbury's West Holts stage, the Barbican, the Royal Festival Hall, Ronnie Scott's and the Astoria to name but a few. He has also performed with artists such as Dan Aykroyd of the Blues Brothers and Matthew Herbert and supported Martha and the Vandellas and Peter Green. He has also an extensive touring experience having toured the UK, Spain, France and Italy with various music projects.

Devid has also experience in running percussion and guitar workshops. He is currently teaching one to one private lessons in guitar, piano, drums, bass guitar and ukulele.

Devid is also working for London Contemporary Dance School and Trinity Laban as an accompanist during dance classes. Devid has also written the music, with his band Taxi Joe, for a documentary on knife crime in the UK due to be released later this year.

He is also the co-founder of Terra Viva, a world music project that explores rhythm and melodies of folk music around the world.

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