## #@HomeBodyPercussionChallenge

#### Duos 2020

We are very pleased that you are taking on the challenge, please find below a few more details to help you make the most of it. Feel free to post your videos with #@HomeBodyPercussionChallenge

1<sup>st</sup> Challenge – Learn all the patterns

$$Hard - 4$$
, 8  $Medium - 3$ , 5, 6  $Easy - 1$ , 2, 7

2<sup>nd</sup> Challenge – Make your own sequence, be creative with your favourite patterns, example:

Pattern 
$$5 = 2 x$$
 Pattern  $3 = 2 x$  Pattern  $1 = 2 x$ 

3<sup>rd</sup> Challenge – Add voice and lyrics

For those students more comfortable working with singing and lyrics create your own song that you can sing on top of your favourite patterns.

4<sup>th</sup> Challenge – Layer different patterns

For those students more comfortable with rhythm. Experiment mixing odd time signatures, for example pattern 5 with pattern 2 meaning a time signature of 5/4 over 4/4. Work out how many times you need to play it before it turns around.

#### Sounds and directions available in this challenge

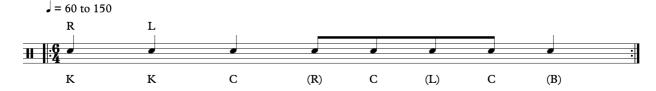
**R** – Right hand **B** – Both hands clap with partner

L – Left hand M – Hand clap mirror image with partner

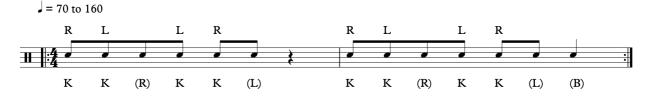
C – Clap both hands F – Feet stamp

**K** – Hand on a knee ( ) - Used around the notes played with partner

#### 1st Pattern



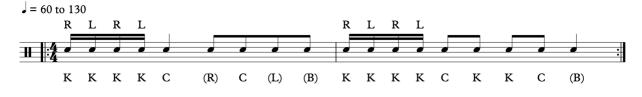
#### 2<sup>nd</sup> Pattern



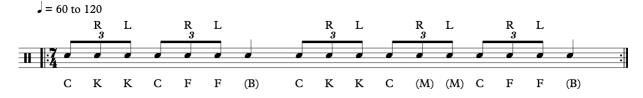
Nuno Brito & Devid Dell'Aiera 04/2020

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### 3<sup>rd</sup> Pattern



## 4th Pattern



## 5<sup>th</sup> Pattern



#### 6th Pattern



## 7<sup>th</sup> Pattern



#### 8th Pattern



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