

#@HomeBodyPercussionChallenge

Duos 2020

We are very pleased that you are taking on the challenge, please find below a few more details to help you make the most of it. Feel free to post your videos with [#@HomeBodyPercussionChallenge](#)

1st Challenge – Learn all the patterns

Hard – 4, 8 **Medium** – 3, 5, 6 **Easy** – 1, 2, 7

2nd Challenge – Make your own sequence, be creative with your favourite patterns, example:

Pattern 5 = 2 x Pattern 3 = 2 x Pattern 1 = 2 x

3rd Challenge – Add voice and lyrics

For those students more comfortable working with singing and lyrics create your own song that you can sing on top of your favourite patterns.

4th Challenge – Layer different patterns

For those students more comfortable with rhythm. Experiment mixing odd time signatures, for example pattern 5 with pattern 2 meaning a time signature of 5/4 over 4/4. Work out how many times you need to play it before it turns around.

Sounds and directions available in this challenge

R – Right hand

L – Left hand

C – Clap both hands

K – Hand on a knee

B – Both hands clap with partner

M – Hand clap mirror image with partner

F – Feet stamp

() - Used around the notes played with partner

1st Pattern

♩ = 60 to 150

R L

K K C (R) C (L) C (B)

2nd Pattern

♩ = 70 to 160

R L L R R L L R

K K (R) K K (L) K K (R) K K (L) (B)

Nuno Brito & Devid Dell'Aiera

04/2020

#@HomeBodyPercussionChallenge

3rd Pattern

♩ = 60 to 130

K K K K C (R) C (L) (B) K K K K C K K C (B)

4th Pattern

♩ = 60 to 120

C K K C F F (B) C K K C (M) (M) C F F (B)

5th Pattern

♩ = 70 to 150

(B) C F F C C

6th Pattern

♩ = 70 to 150

C F F C K K C (B)

7th Pattern

♩ = 70 to 150

(M) (M) C (R) C (L) C

8th Pattern

♩ = 70 to 150

F F C K K (B)

Nuno Brito & Devid Dell'Aiera
04/2020